

## Hypoglycemia Questionnaire

Symptom	None	Mild	Moderate	Severe
Crave Sweets	0	1	2	3
Irritable if meal missed	0	1	2	3
Tired or weak if meal missed	0	1	2	3
Dizziness when standing suddenly	0	1	2	3
Frequent headaches	0	1	2	3
Poor memory or concentration	0	1	2	3
Tired an hour or so after eating	0	1	2	3
Heart palpitations	0	1	2	3
Afternoon fatigue	0	1	2	3
Vision blues on occasion	0	1	2	3
Depression or mood swings	0	1	2	3
Overweight	0	1	2	3
Frequently anxious or nervous	0	1	2	3
<b>Total</b>				

### Scoring:

<5 means hypoglycemia is not likely

6-15 means hypoglycemia may be a concern

>15 means hypoglycemia is very likely